

WRC 2017

ANNUAL REPORT

WRC (Women's Resource Center) is dedicated to providing the highest quality supportive services, counseling, shelter and education to North County women, children and men involved in or threatened by domestic violence or sexual assault. It is our vision that though our victim empowerment, education of future generations and community awareness that we will create an environment where domestic violence and sexual assault are neither tolerated nor accepted.

To achieve this, we:

SUPPORT those recovering from the trauma of sexual assault and domestic violence through case management, support services and counseling.

PROVIDE SHELTER on a short and longer term basis for survivors of domestic abuse and their children.

TEACH abusers about anger control and alternatives to using violence in their relationships.

ALERT teens and pre-teens within the school system about family violence, date rape, and both physical and sexual child abuse.

ADVOCATE for domestic violence and sexual assault survivors with law enforcement, social service agencies and others service providers.

HEIGHTEN PUBLIC AWARENESS of the devastating effects of domestic violence and sexual assault on the survivor, the family and the community.

REINFORCE the fact that domestic violence and sexual assault are crimes and as such are an intolerable violation of another's right to self-determination.



FROM OUR BOARD CHAIR



2017 marks 43 years of WRC serving the needs of victims of domestic violence and sexual assault.

Throughout the year of 2016, together we:

- —helped over 5,746 families in need providing more than 9,300 units of services
- -provided 423 women, men and children with 23,829 nights of safe shelter
- -expanded the membership in Friends of WRC to 99
- -celebrated successful fundraising events, and
- —sustained critical programs in financially demanding times.

Our on-going endeavors focus on maintaining our service levels to meet the needs of our clients. We strive to educate future generations and promote survivor empowerment, and through our outreach provide community awareness to ultimately promote our mission to provide safety and dignity to those most vulnerable. With our committed Board, dedicated and talented staff, passionate volunteers and generous donors, we look forward to a successful 2017 year.

Thank you for being a part of our efforts! I know that together we are dedicated to providing quality, compassionate and innovative services to those who need our help.

Kaj Leonard, Chair Board of Directors



FROM A CLIENT'S PERSPECTIVE

Hi my name is Mary. My kids and I left my abusive husband two years ago. I can't say that we left home, because that was never home for us. It was more like a dark place, where my kids and I got abused in different ways. After we left my husband we lived in domestic violence shelters for three months until we found our real home, my little piece of heaven, the Women Resource Center transitional house. Since then we have lived free and are immensely happy. This place and our angels, the staff at WRC, made an amazing transformation to our lives. I want to share with you all the dreams and goals that I achieved these two years at the WRC.

I had been an alcoholic since I was eleven years old and my addictions used to control me. They were my life, hope and refuge in my desperation and trauma. The WRC staff knew I needed help with addictions and got me into a recovery program. I was in recovery for a year and now I live a clean and sober life.

I see my therapists every week; they are proud of me for all the amazing changes in my life. They're helping me to cure my soul and heart from trauma. I had been abused since I was little in all the ways that you can imagine by people that supposed to love me and protect me. It doesn't matter anymore, because after these two years I realize that I'm not a victim anymore. I'm a survivor and all the things that happened in my past make the warrior that I'm now.

When I came at WRC, I also started to study to get my GED. It hard to me because English is my second language and I went to school in Mexico for only six years, but two weeks ago I found out that I past all my five tests and now I have my GED!!! I also went to the security guard academy and I have my security guard card and I am looking for a job as a security guard. At the end of this month I'll have my interview to become an American Citizen of the United States and the beginning of next year I'll be able to apply for the job of my dreams. I want to be a Border Patrol Agent and I won't stop until I get the job, because now I know that I can make all my dreams come truth. In all these steps and dreams that I had achieved WRC supported me and helped me financial to reach all my goals.

Now if we talk about my beautiful kid's success, I can say that when we got in our little piece of heaven my kids were full of trauma too and I could see the sadness in their eyes for the past years. I tried to be the best mom since they were born. I never abuse them because I know how it feels to be abuse when you're little and innocent besides that they're my life. They feed my soul every day with their love, smiles, and happiness. They have changed very much since we moved. My daughter has been student of the month for the past two years and my son now reads at third grade level, and he has also been student of the week many times. Both of them are very smart, polite, lovely, happy, respectful and very mature kids. They also know that their mom loves them and has their back all the time. They meet with their therapist every week. She helped my kids for the last two years and now my kid's trauma is past. I have two healthy beautiful kids in all the ways. We now know how to communicate, understand, love, respect and to protect each other.

We live a healthy, free, beautiful life where violence doesn't exist. My kids know that no one has the right to abuse them now or later on their lives. I'll continue to guide my kids to the right way and see them succeed in their life because that's my major goal. I'm grateful too for all the help that WRC gives to my kids besides the therapy, my kids get help with clothes, shoes, school supplies and summer camp.

We don't want to leave our house where we found an amazing healthy life (our little piece of heaven) where I could sleep and live at peace for the first time in my life but it's time to leave. I'll graduate the WRC program soon. Then our new adventure will begin. But now we're strong and healthy and ready to survive and succeed .We'll never forget our home where life started, where we found the medicine to cure our souls and hearts. We arrived with nothing good only pain, trauma, sadness, addictions, fears and now we're leaving with many amazing things happiness, success, peace, strength, healthy souls and hearts and more.

2016 SERVICE INFORMATION

	5,746	adults and children received over 9,290 units of service from WRC
	1,466	requests for emergency service were answered via the 24-hour crisis hotline
	215	volunteers donated 21,922 hours of service
:	23,829	nights of safe shelter were provided

Specific types of service areas utilized by families were:

Sexual assault	242
Domestic violence (non-residential)	2,273
Domestic violence (residential)	346
Transitional housing	77
Children's services/Child abuse	15
Emergency services	2,793
otal Clients	5,746

Specific services provided

Adult counseling	1,057
Children's counseling	224
Case management/Follow-up	3,021
Emergency services	755
Referral and information	1,017
Crisis assistance/Intervention	1,750
Hotline calls	1,466
Emergency/Transitional Housing	23,829
Total Services	31,653

Service statistics by area served:

Oceanside	2,758	48%
Carlsbad	287	5%
Vista/San Marcos	1,207	21%
Escondido/Valley Center	345	6%
Fallbrook/Bonsall	115	2%
City of San Diego	172	3%
Unincorporated areas/Other	862	15%

AUDITED INCOME AND EXPENSES—FISCAL YEAR 2015-16

TOTAL \$ 2,626,795

86% of all income was utilized for direct client services

INCOME						EXPENSES	
1.Government Grants	32%	2.Private Donations	36%	1.Personnel and Fringe	73%	2.Emergency Services	6%
3.Fundraising	4%	4. Foundation Grants	12%	3. Facilities Operation	10%	4.General Operation	9%
5.Project Generated	15%	6.Miscellaneous	1%	5.Outside Services	1%	6. Miscellaneous	1%
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FROM OUR CHIEF EXECUTIVE OFFICER



Sometimes in the day-to-day rush, we lose track of the incredible difference WRC can make in a person's life. Here is a story of hope from a former Transition House client,

"Thank you WRC!! I couldn't get here on my own. Without your help I don't know if I would be here today. Although I didn't appreciate the services like I should have, I didn't make the best choices, broke some of the rules, I didn't care about life or who I hurt. By God's grace and your services.. Looking back today...It it amazing how the transition helped change our lives. Not over night.. not even in 2 years... but something, somewhere.. through all the experiences... we changed.

My kids and I moved back home to Hawaii after living in your 2 year transitional home. WRC gave me the backing and grounding I needed to change. It took years for me to get it but I'm proud to say that our new lives are swell and we feel like we had a second chance, thanks to you!

Don't give up... keep doing what your doing... even when it looks like someone failed... I'm sure somewhere down the road things change for the better. Every word you say and just showing you care makes a difference... even if its far down the road.

Mahalo (Thank you), Molly" *

Special thanks to all of you—staff, volunteers, donors—who help WRC work magic such as this.

—Marva Bledsoe Chief Executive Officer

2017 OFFICERS AND BOARD OF DIRECTORS

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Chief Executive Officer
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^{*} Name changed to preserve client confidentiality.