

FROM OUR BOARD CHAIR



Through WRC's education of future generations, victim empowerment and community awareness, we strive to create an environment where domestic violence and sexual assault are neither tolerated nor accepted. WRC is dedicated to providing the highest quality supportive services, counseling, shelter and education to North San Diego County women, children and men involved in or threatened by domestic violence or sexual assault.

2017 proved to be a busy year for the WRC employees and all of its dedicated volunteers. WRC remarkably was able to provide 28,071 total services to our clients. As exhausting as that may be physically and mentally, the WRC team of staff and volunteers have never let that slow them down. In fact, that only strengthens them and moves them forward with more drive than ever. The Board of Directors could not ask for a more devoted CEO and the team of talented staff and passionate volunteers she has built.

Through your volunteer efforts of time, donations, services, products, and financial assistance we have helped over 20,670 nights of shelter for those to have a safe place to sleep. 2018 will bring new opportunities to serve the needs of survivors of domestic violence and sexual assault. We do so with an energized Board of Directors working hard on a new strategic plan to ensure that WRC continues to grow and fit the needs of our community.

I would also like to thank our donors who throughout the years have believed in and given to WRC. This has allowed us to maintain our service levels to meet the needs of our clients. We could not continue to do the work we do without each and every one of you!

Thank you for being a part of our efforts! Together we will make 2018 a year to remember!

Kaj Leonard, Chair
Board of Directors



FROM A CLIENT'S PERSPECTIVE

"I would like to thank everyone for making my family and I feel welcome in a time of trial. I was very impressed on how quickly I was contacted to come to transitional housing while at another shelter. I have been blessed while staying here and feel honored to have had wonderful counseling and support during my stay. I was fortunate to have found a job within the first three weeks of my stay and that is why I am able to graduate from the program so early.

During my time here I have learned a lot of lessons, such as using public transportation with five children, becoming self-sufficient, independent, and have a higher self-esteem. I learned that I was capable of doing all of this on my own. I learned a lot about myself and was able to see how strong and courageous I was to start this new life and see all that I have accomplished in one year. I learned how to budget and live within my means and to save money. I was able to pay my bills on time and re-establish my credit which allowed me to be able to buy a vehicle.

I have learned some hard lessons while being here, like who to trust and that everyone is not what they appear to be. It has been a while since I lived in the real world, because I home schooled my children for the past 3 years and having to put three of my children in public school and two in daycare was a little hard for me. But yet again, the Lord provided a good school and daycare for my children. I was fortunate to be able to help guide my own program here, because I worked hard and was always prepared.

I thank the house managers for supporting me and keeping me accountable. I still struggle, but I know I will keep working on things in my new apartment. I have had the most help with counseling. I always looked forward to seeing my counselor. She helped me set goals, like a chore chart for my children and she helped me see the real me and that I don't need to be so hard on myself. I am going to seek more counseling after I move. The counseling for my children has helped tremendously. I have seen a difference in them and how well they have adjusted to this transition.

I am thankful for all the gifts and blessings my family received for Thanksgiving, Christmas, Easter, Mother's Day and our birthdays. I never felt so blessed before and for that I am eternally grateful. I am not used to being on the receiving end of things because it is easier for me to give than receive. But I am thankful for everything I received.

Finally, I learned that I am more than a victim, and more than a survivor of domestic violence. This has not only been a great experience, but it is what my children and I needed. They are looking forward to the next part of our lives. I do want to add that I really enjoyed the cohesiveness of the ladies her and how they were helpful when we needed it. I am thankful for the new friendships I made and I really enjoyed how we all got together for potlucks or field trips. I learned that the more effort I put into the program the better the outcome. I believe that I fulfilled that through this program. I know I will never forget how I grew to be a better mother and person while staying here at WRC Transition House. I wish there was no need for such a program, but unfortunately, we live in a fallen world and there are many people in need of such a program. I am thankful for the safety of this place and that there are places like this for women to go and be safe. Again, I am very thankful for all that you have done for me and my children. I wish everyone here who helped us in a time of need great success and many blessings to all those who pass through this program.

Like we say in Celebrate Recovery: 'It works if you work it, and it won't if you don't, so work it 'cause you're worth it, and I'm worth it.'"

Sincerely, Cathy*

* Name changed to protect the client's identity.

2017 SERVICE INFORMATION

- **5,479** adults and children received over 7,401 units of service from WRC
- **1,119** requests for emergency service were answered via the 24-hour crisis hotline
- **225** volunteers donated 19,756 hours of service
- **20,670** nights of safe shelter were provided

Specific types of service areas utilized by families were:

Sexual assault	312
Domestic violence (non-residential)	3,833
Domestic violence (residential)	257
Transitional housing	94
Children’s services/Child abuse	37
Emergency services	946
Total Clients	5,479

Specific services provided

Adult counseling	812
Children’s counseling	93
Case management/Follow-up	2,385
Emergency services	1,119
Referral and information	378
Crisis assistance/Intervention	1,495
Hotline calls	1,119
Emergency/Transitional Housing	20,670
Total Services	28,071

Service statistics by area served:

Oceanside	2,301	42%
Carlsbad	329	6%
Vista/San Marcos	877	16%
Escondido/Valley Center	274	5%
Fallbrook/Bonsall	110	2%
City of San Diego	438	8%
Unincorporated areas/Other	1,150	21%

AUDITED INCOME AND EXPENSES—FISCAL YEAR 2016-17

TOTAL \$ 2,648,754

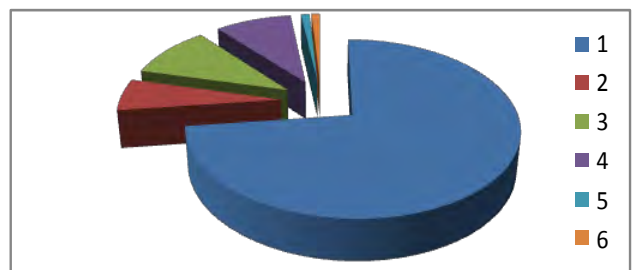
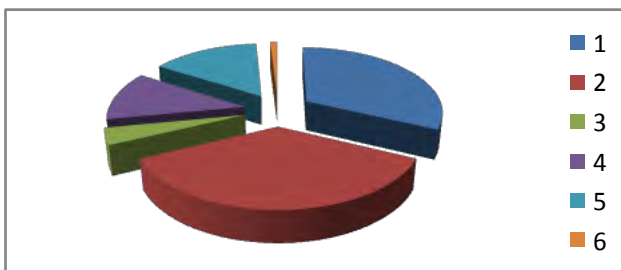
86.43% of all income was utilized for direct client services

INCOME

1. Government Grants	32%	2. Private Donations	36%
3. Fundraising	4%	4. Foundation Grants	12%
5. Project Generated	15%	6. Miscellaneous	1%

EXPENSES

1. Personnel and Fringe	73%	2. Emergency Services	6%
3. Facilities Operation	10%	4. General Operation	9%
5. Outside Services	1%	6. Miscellaneous	1%



FROM OUR CHIEF EXECUTIVE OFFICER



Sometimes in the day-to-day rush, we lose track of the incredible difference WRC can make in a person's life. Here is Carol's story,

"On May 6th, I finally had the courage to pick up the phone and make a desperate call for help. You were there. When I arrived here, I was exhausted, broken, and depressed, not to mention scared to death, but you were there. I can remember thinking that 30 days at the shelter was not enough time to put me back together, but you were there.

In just 30 days, "glory hallelujah" I'm a different person. I'm stronger, I'm happier, I'm proud, all because you were all there to help me.

There are not enough words in my book to let you all know how extremely grateful I am to all of you. Each and every one of you gave me powerful words of wisdom and tools, spiritual guidance, love and friendship, respect and honor, so much that I can hold my head up, and I'm proud of myself.

I still have some hurdles to get over, but because you were all here for me and helped me realize that I'm important, I'm on my way to a better, happier, healthier life.

From the bottom of my heart, thank you, all of you, for helping me find my way.

*Sincerely,
Carol Brown **

Special thanks to all of you—staff, volunteers, donors—who help Women's Resource Center work miracles such as this.

—Marva Bledsoe
Chief Executive Officer

* name changed to protect the identity of the writer

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