Our Mission
WRC is dedicated to stopping domestic violence and sexual assault by rebuilding lives together.

Our Vision
WRC is committed to providing the highest quality supportive services, counseling, shelter and education to San Diego County women, children and men involved in or threatened by domestic violence or sexual assault. Through survivor empowerment, education of the next generation, and community awareness, we will create an environment where domestic violence and sexual assault are neither tolerated nor accepted.

Testimonials

“Staying at WRC has helped me better my life. I have grown to realize with all the necessary tools, information, and therapy that has been provided to me through WRC that I can be independent. I am a strong person and -- better yet -- a strong mother.”

WRC client

74 children served with specialized Children’s Activities and/or Children’s Counseling

58 survivors and children housed in our transitional housing program

“In the shelter, the mundane details of life were handled by the WRC. Food, rent, utilities, anonymity, confidentiality, were all provided. My sole purpose at that time was to function and regain my momentum, equilibrium, and sense of self. I will forever be grateful to the WRC for helping me to find myself and for helping me come to peace with a life that (once) was lost to domestic violence. I drowned as a victim, but I resurfaced as a survivor.”

WRC client

2,924 case management services provided

1,209 clients provided emergency services
What We Do

SAFETY AND INDEPENDENCE
- Shelter and Transitional Housing for victims of Domestic Violence and Sexual Assault
- Breaking the Cycle of Violence Model
- Matching Savings Program
- Children’s Activities Program
- Life Skills Classes

2,135 survivors served with non-residential domestic violence services

CRISIS AND SUPPORTIVE SERVICES
- Crisis Intervention
- Counseling
- Legal Services
- Advocacy
- Emergency Food and Clothing
- Sexual Assault Response Team
- Specialized Children’s Services
- Play Therapy for Children
- Teen Virtual Narrative Therapy
- Safety Planning for Victims of Domestic Violence & Sexual Assault

232 survivors provided sexual assault response and recovery services

PREVENTION AND EDUCATION
- Community Outreach
- Prevention education specialized for middle school, high school, and college-aged students
- Specialized presentations for community groups
- Volunteer Opportunities and Training

620 volunteers donated 17,170 hours of service
2018 Impact

IN OUR COMMUNITY

SHELTER AND TRANSITIONAL HOUSING
“Alternatives to Abuse” is WRC’s emergency shelter in a confidential location that provides safety and security to survivors who are in need of housing as a result of domestic violence.

“Staying at WRC has helped me better my life. I have grown to realize with all the necessary tools, information and therapy that has been provided to me through WRC that I can be independent.”
Rachel, WRC Client

House 20,341 nights of safe shelter

House 358 survivors and children provided with shelter

CRISIS INTERVENTION
Since 1974, WRC has maintained and operated a 24-hour crisis hotline available to those in need of immediate assistance, referrals, information, and shelter.

“Thanks to WRC and the people who contribute to their cause, women like me are able to overcome adversity and pave the way for a better life.”
--Cindy, former WRC client

Phone 1,911 24/7 crisis hotline calls answered

Heart 4,298 adults and children received 10,715 units of service

COMMUNITY OUTREACH
Because of the support of community partners, donors, and volunteers, WRC is able to work every day towards breaking the cycle of violence in our communities.

“I will forever be grateful to the WRC community; I use the word ‘community’ and not ‘organization’ because it is a community of amazing people dedicated to the well-being and growth of families.”
Debra, WRC client

Hands 620 dedicated volunteers

Hands 17,170 hours of service provided by volunteers
Why we Exist

WRC believes all people deserve to live a life free from the crimes and traumas caused by domestic violence and sexual assault.

By strengthening families, empowering survivors, and seeking to create change for the next generation, WRC’s clients not only break free of the cycle of violence, but are also able to develop healthy, productive, and successful lives free from abuse.

Services provided

- 8% Adult counseling
- 1% Children’s counseling
- 9% Case management/ Follow-up
- 4% Emergency services
- 6% Crisis assistance/ Intervention
- 66% Emergency/ Transitional Housing
- 6% Hotline calls

Since 1974 WRC has

- Served over 247,841 families
- Provided over 704,451 nights of safe shelter
- Answered more than 60,251 crisis hotline calls

Service statistics by area served

WRC is dedicated to providing the highest quality supportive services, counseling, shelter and education in San Diego County.
2018 Service Information

4,298 Adults and children received over 10,715 units of service from WRC.
1,911 24/7 crisis hotline calls answered.
620 Volunteers donated 17,170 hours of service.
20,341 Nights of safe shelter were provided.

Specific types of service areas utilized by families were:

<table>
<thead>
<tr>
<th>Service Area</th>
<th>Clients</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Violence Intervention Program</td>
<td>232</td>
</tr>
<tr>
<td>Sexual assault</td>
<td>232</td>
</tr>
<tr>
<td>Domestic violence (non-residential)</td>
<td>2,135</td>
</tr>
<tr>
<td>Domestic violence (residential)</td>
<td>358</td>
</tr>
<tr>
<td>Transitional housing</td>
<td>58</td>
</tr>
<tr>
<td>Children’s services/Child abuse</td>
<td>74</td>
</tr>
<tr>
<td>Emergency services</td>
<td>1,209</td>
</tr>
<tr>
<td><strong>Total Clients</strong></td>
<td><strong>4,298</strong></td>
</tr>
</tbody>
</table>

Specific services provided

<table>
<thead>
<tr>
<th>Service Provided</th>
<th>Clients</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult counseling</td>
<td>2,332</td>
</tr>
<tr>
<td>Children’s counseling</td>
<td>310</td>
</tr>
<tr>
<td>Case management/Follow-up</td>
<td>2,924</td>
</tr>
<tr>
<td>Emergency services</td>
<td>1,209</td>
</tr>
<tr>
<td>Crisis assistance/Intervention</td>
<td>2,002</td>
</tr>
<tr>
<td>Hotline calls</td>
<td>1,911</td>
</tr>
<tr>
<td>Safe Nights of Shelter</td>
<td>20,341</td>
</tr>
<tr>
<td><strong>Total Services</strong></td>
<td><strong>31,029</strong></td>
</tr>
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</table>

Service statistics by area served:

<table>
<thead>
<tr>
<th>Area</th>
<th>Statistics</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oceanside</td>
<td>44%</td>
</tr>
<tr>
<td>Carlsbad</td>
<td>6%</td>
</tr>
<tr>
<td>Vista/San Marcos</td>
<td>18%</td>
</tr>
<tr>
<td>Escondido/Valley Center</td>
<td>7%</td>
</tr>
<tr>
<td>Fallbrook/Bonsall</td>
<td>3%</td>
</tr>
<tr>
<td>City of San Diego</td>
<td>8%</td>
</tr>
<tr>
<td>Unincorporated areas/Other</td>
<td>15%</td>
</tr>
<tr>
<td><strong>Total Statistics</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>

Since Inception, we have served

<table>
<thead>
<tr>
<th>Service Description</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Families</td>
<td>247,841</td>
</tr>
<tr>
<td>Answered hotline calls</td>
<td>60,251</td>
</tr>
<tr>
<td>Nights of Safe Shelter</td>
<td>704,451</td>
</tr>
<tr>
<td>Community Members Volunteers</td>
<td>6,091</td>
</tr>
<tr>
<td>Volunteers Hours</td>
<td>837,478</td>
</tr>
</tbody>
</table>
Audited Income and Expenses

FISCAL YEAR 2017-2018

Income

- 14% Foundation Grants
- 28% Private Donations
- 5% Miscellaneous
- 10% Project Generated
- 39% Government Grants
- 4% Fundraising

Expenses

- 66% Personnel & Fringe
- 10% General Operation
- 10% Emergency Services
- 1% Miscellaneous
- 1% Outside Services
- 12% Facilities Operation

TOTAL $2,442,104
92% of all income was utilized for direct client services

WRC PROVIDED
(Fiscal Year 2017-2018)

2,332 counseling sessions to adults

“My counselor was amazing. I have had my struggles and fair share of ups and downs during this journey, but in the midst of it all WRC was a safe haven for me and my son Gregory. WRC allowed me to take the time I needed to heal and supported me on many different levels throughout my time with them.”

WRC client

310 children’s counseling sessions

“WRC has been pivotal in the transformation, restoration and rejuvenation of my life and the lives of my children.”

WRC client
Board of Directors

Kaj Leonard, Chair
Realtor

Geoffrey Sheffield, Vice Chair
C3 Risk & Insurance Services

Marva Bledsoe, Secretary
Consultant, Non-Profit Management

Raj Pillai, Treasurer
Professor of Management, Cal State San Marcos

Debra Bement
Physician, Scripps Medical

Karen Bond
Private Foundation Administrator

Kelly Quintal
Registered Nurse, Sharp Rees-Stealy

Kerstyn Keenan
Real Estate Accountant

Kierstin Rielly
Program Coordinator
SD Regional Economic Development

Laurie Greenfield
Realtor

Mia Lovato
Supply Chain Logistic Manager

Roger Mayton
Storage Consultant

From Our Chief Executive

To our WRC Supporters,

June 30th, 2019 marked the end of another successful year at WRC and the retirement of Marva Bledsoe as its revolutionary CEO. After more than 40 years spent developing WRC into one of the most respected and successful community service agencies, the legacy Marva leaves behind is genuinely amazing.

I have been honored to begin this fiscal year as the new CEO of WRC. It is my goal, along with the support of so many dedicated community members, WRC’s committed staff, and our truly incredible volunteers, that we continue to provide the highest-quality trauma-informed, holistic programs and services available to survivors of domestic violence and sexual assault in San Diego County. I want to welcome you to join me in being a part of continuing the fabulous legacy that is integral to WRC’s mission to “Revive Courage and Rebuild Lives” so we may work to not only create a safer future for survivors, but foster a more compassionate community for us all.

Sincerely

Marina V. Araiza, MSW
Chief Executive Officer