

2020 ANNUAL REPORT



WRC

REVIVING COURAGE,
EMPOWERING LIVES

Our Mission

WRC is dedicated to stopping domestic violence and sexual assault by rebuilding lives together.



Our Vision

WRC is committed to providing the highest quality supportive services, counseling, shelter and education to San Diego County women, children and men involved in or threatened by domestic violence or sexual assault. Through survivor empowerment, education of the next generation, and community awareness, we will create an environment where domestic violence and sexual assault are neither tolerated nor accepted.

Testimonials



“When I walked into our transitional housing apartment, it was perfect. It was small but it had all we needed, especially safety. I cried with relief. I had no idea how much this program would change our lives. I set goals which I am proud to say I have been able to achieve almost all of them. These past two years we have lived peacefully. We have not only regained much of what we lost (emotionally) but we gained more than we ever had before. We are confident; we are supportive, loving and strong. My children are my family. We may seem broken but we are also full; full of love, happiness, and faith.”

WRC client



1,002

children served with specialized Children's Activities and/or Children's Counseling



90

survivors and children housed in our transitional housing program



“It feels like another lifetime when I think about my life before coming to WRC. I feel like every part of my life was filled with pain. I had become such a vulnerable woman that was an easy target for my abusers. I desired a family, someone to love and care for me, something I never truly had. I was so scared. I never imagined that I would ever have to take my children to live in a shelter. I attempted to look for an apartment for a whole week but was not accepted with my credit and income. I struggled to accept this was where I had to live and wanted to leave the shelter and never return. I was told by staff about the transitional house, I realized that was exactly what my family needed. It was the best decision I ever made. We are now safe, happy, healed and living a life violence free.”

WRC client



6,310

case management services provided



2,225

clients provided emergency services

What We Do



SAFETY AND INDEPENDENCE

- Shelter and Transitional Housing for victims of Domestic Violence and Sexual Assault
- Breaking the Cycle of Violence Model
- Matching Savings Program
- Children's Activities Program
- Life Skills Classes



5,685 survivors served with domestic violence services

CRISIS AND SUPPORTIVE SERVICES

- Crisis Intervention
- Counseling
- Legal Services
- Advocacy
- Emergency Food and Clothing
- Sexual Assault Response Team
- Specialized Children's Services
- Play Therapy for Children
- Teen Virtual Narrative Therapy
- Safety Planning for Victims of Domestic Violence & Sexual Assault



468 survivors provided sexual assault response and recovery services



PREVENTION AND EDUCATION

- Community Outreach
- Prevention education specialized for middle school, high school, and college-aged students
- Specialized presentations for community groups
- Volunteer Opportunities and Training



7,135 crisis assistance / intervention

2019 Impact

IN OUR COMMUNITY

We thank you for your continued support.

SHELTER AND TRANSITIONAL HOUSING

“Alternatives to Abuse” is WRC’s emergency shelter in a confidential location that provides safety and security to survivors who are in need of housing as a result of domestic violence.



“Many times women believe they would recognize abuse, I believed that. I never thought I would end up in an abusive relationship. WRC helped me understand that I deserve to be happy and to feel good about myself. It may be hard to leave - but it will always be worth it. You are worth it!”

WRC Client

 **4,466** adults and children received 28,817 units of service in our transitional housing and shelter

 **758** survivors and children provided with shelter

CRISIS INTERVENTION

Since 1974, WRC has maintained and operated a 24-hour crisis hotline available to those in need of immediate assistance, referrals, information, and shelter.



“We all face obstacles as we rebuild our lives and I am grateful that for two years, my son and I had the opportunity to live in a place we could call our own. Your act of kindness is truly appreciated and I also hope to be in a position where I can pay it forward to others in need one day.”

WRC client

 **6,409** 24/7 crisis hotline calls answered

 **5,707** request for emergency service were answered via the 24 hours crisis hotline

COMMUNITY OUTREACH

Because of the support of community partners, donors, and volunteers, WRC is able to work every day towards breaking the cycle of violence in our communities.



“We entered into WRC two years ago after being in a very toxic relationship for over twelve years. I felt so stuck and helpless. Once we got accepted into the transitional house I felt such a relief. I could finally breathe and this is when our lives started to drastically change for the better.”

WRC client

 **9,519** families we have served

 **2,225** emergency services provided

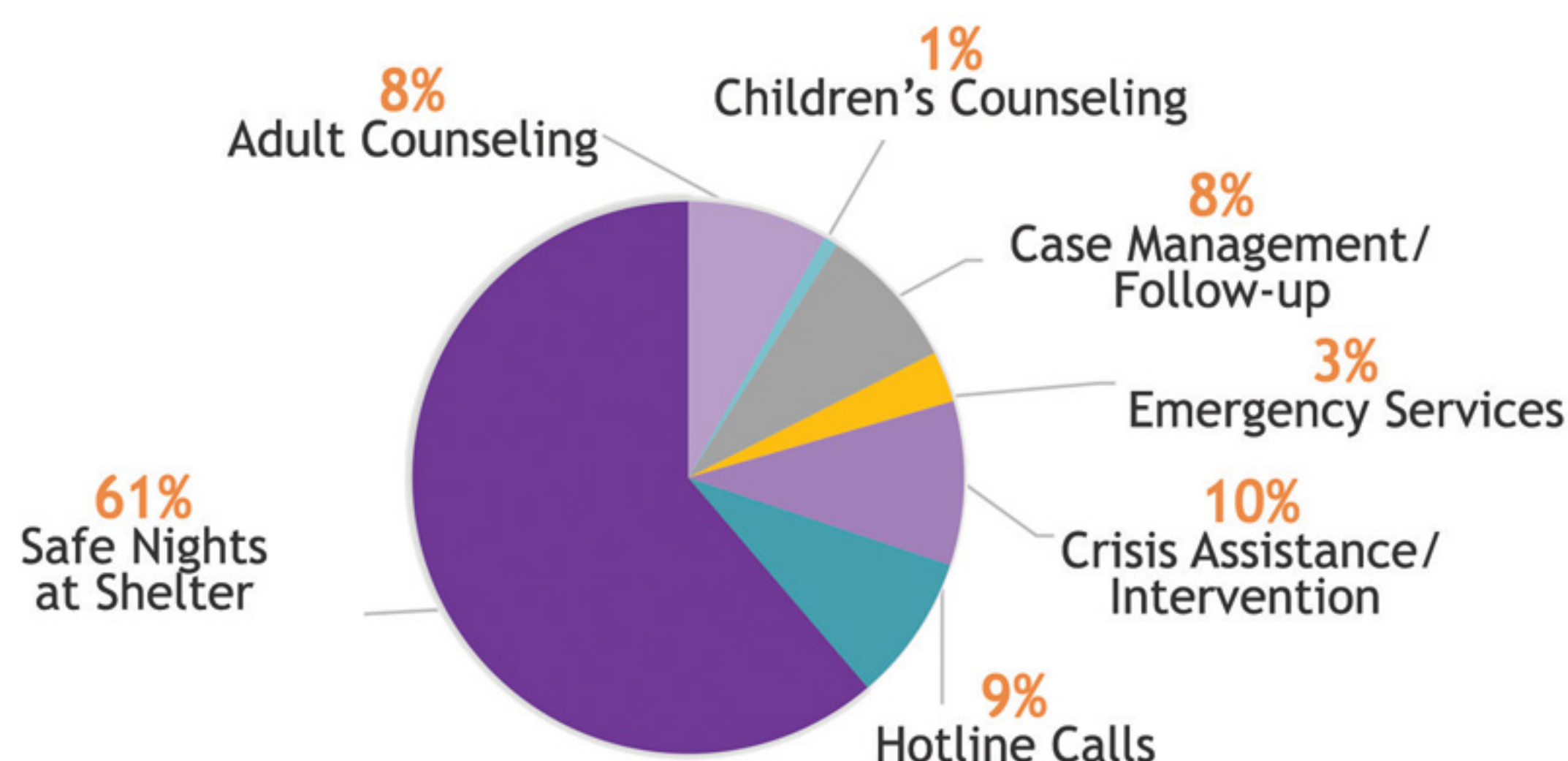
Why we Exist

WRC believes all people deserve to live a life free from the crimes and traumas caused by domestic violence and sexual assault.

By strengthening families, empowering survivors, and seeking to create change for the next generation, WRC's clients not only break free of the cycle of violence, but are also able to develop healthy, productive, and successful lives free from abuse.

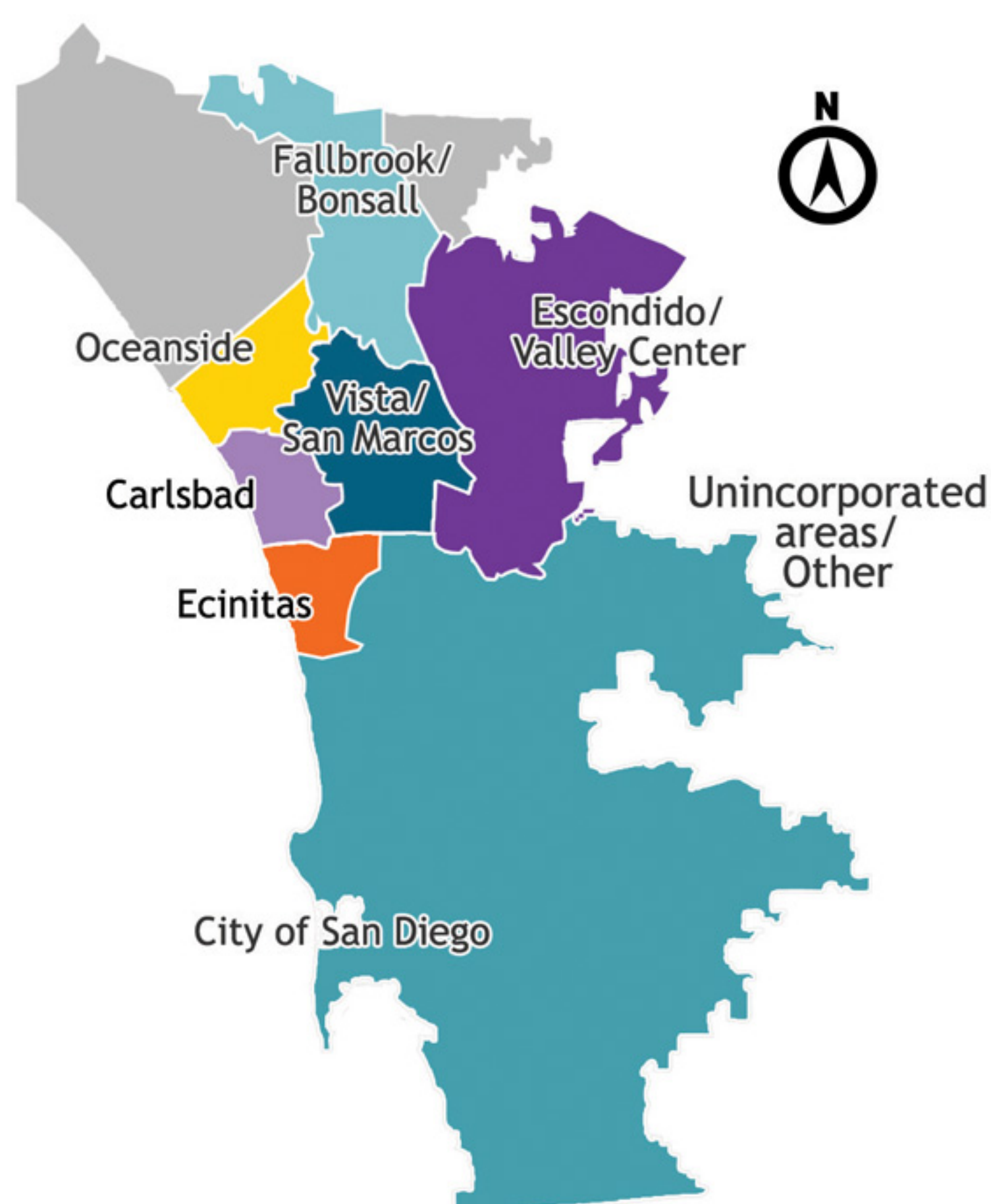


Services provided



Service Area

WRC is dedicated to providing the highest quality supportive services, counseling, shelter and education in San Diego County.



Since 1974
WRC has

Served over
248,222
families

Served over
850,628
volunteers
hours

Answered
more than
64,284
crisis hotline
calls

2019 Service Information

4,466	Adults and children received over 28,817 units of service from WRC.
5,707	Request for emergency service were answered via the 24 hours crisis hotline.
252	Volunteers donated 14,092 hours of service.
45,569	Nights of safe shelter were provided.

Specific types of service areas utilized by families were:

Sexual assault	468
Domestic violence (non-residential)	5,595
Domestic violence (residential)	758
Transitional housing	90
Children's services/Child abuse	383
Emergency services	2,225
Total Clients	9,519

Specific services provided

Adult counseling	6,119
Children's counseling	619
Case management/Follow-up	6,310
Emergency services	2,225
Crisis assistance/Intervention	7,135
Hotline calls	6,409
Safe Nights of Shelter	45,569
Total Services	74,386

Service statistics by area served:

Oceanside	40%
Carlsbad	7%
Vista/San Marcos	17%
Escondido/Valley Center	7%
Fallbrook/Bonsall	2%
City of San Diego	9%
Unincorporated areas/Other	18%
Total Statistics	100%

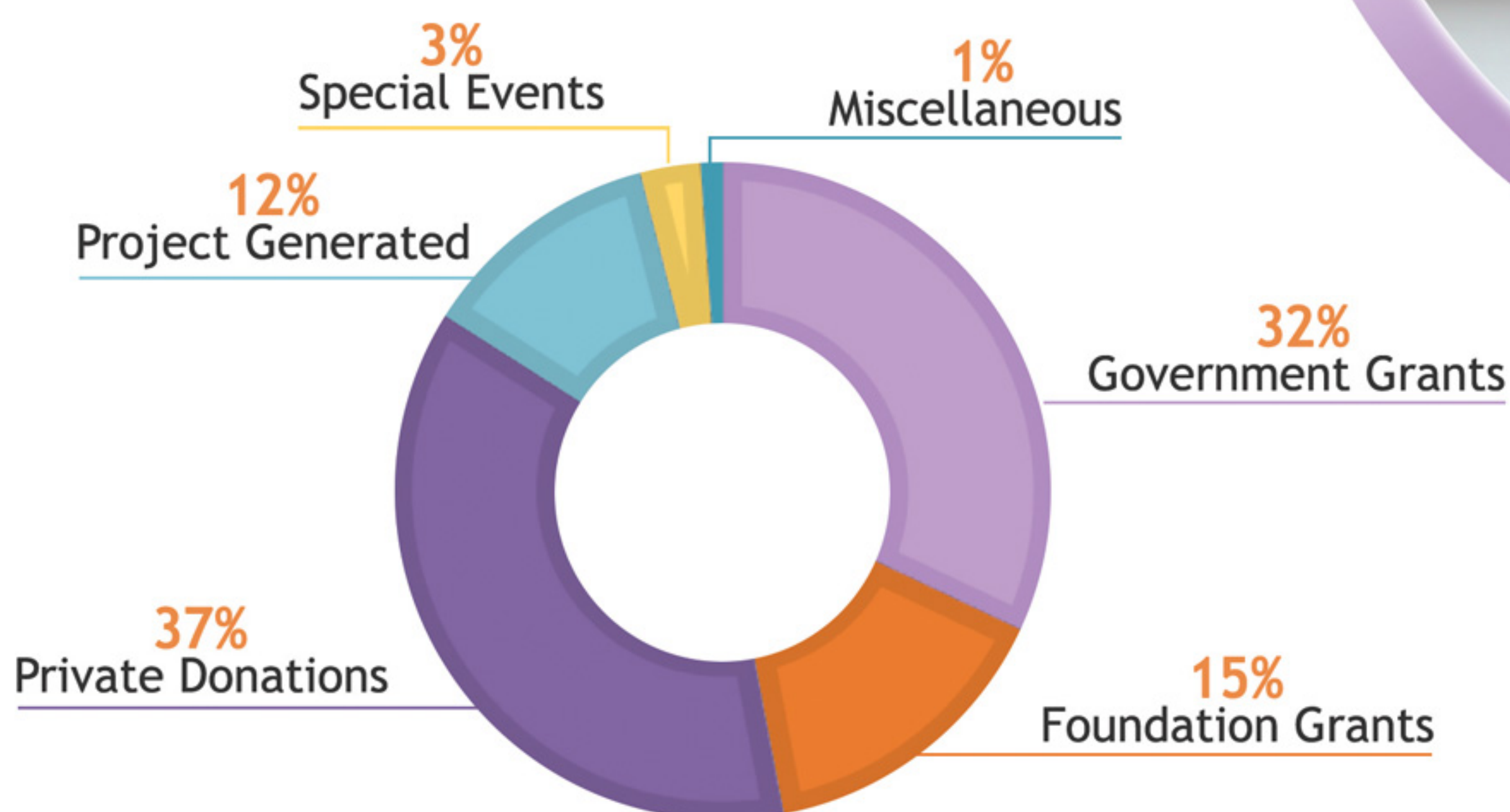
Since Inception, we have served

Families	248,222
Answered hotline calls	64,284
Nights of Safe Shelter	747,744
Community Members Volunteers	6,226
Volunteers Hours	850,628

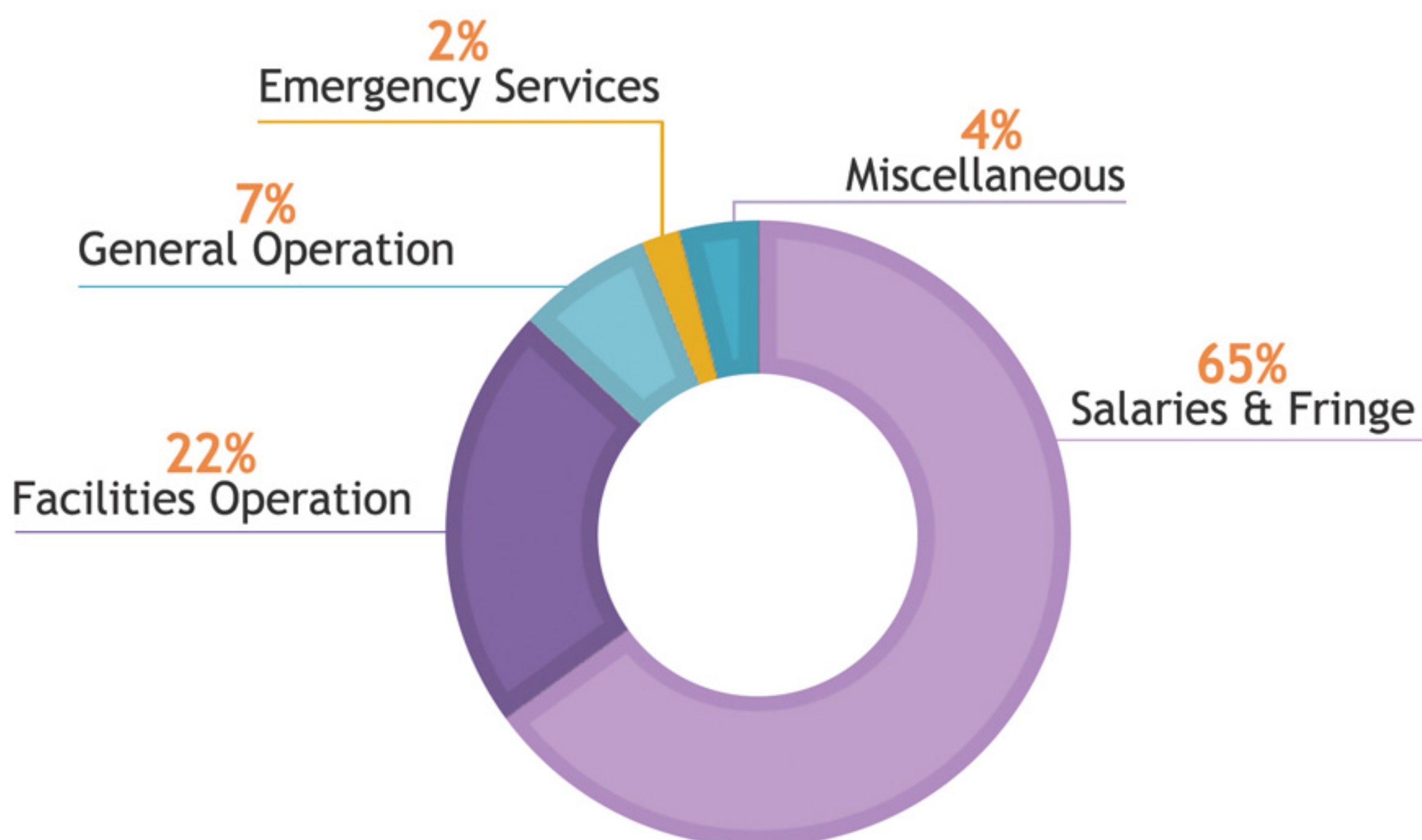
Audited Income and Expenses

FISCAL YEAR 2018-2019

Income



Expenses



TOTAL \$2,380,349

94% of all income was utilized for direct client services



WRC PROVIDED

(Fiscal Year 2018-2019)

6,119
counseling
sessions to
adults

“My counselor was amazing. I have had my struggles and fair share of ups and downs during this journey, but in the midst of it all WRC was a safe haven for me and my son Gregory. WRC allowed me to take the time I needed to heal and supported me on many different levels throughout my time with them.”

WRC client

619
children's
counseling
sessions

“WRC has been pivotal in the transformation, restoration and rejuvenation of my life and the lives of my children.”

WRC client

Board of Directors

Marina V. Araiza
Chief Executive Officer

Colleen O'Harra
Founder / Director Emeritus

Janet Bledsoe Lacy
Honorary

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Realtor

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Senior / Benefit Insurance Broker
CREST

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Consultant, Non-Profit, Management

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Physician, Scripps Clinic Encinitas

Kerstyn Keenan
Real Estate Broker

Mia Lovato
Supply Chain and Logistics Manager

Karen Bond
Private Foundation Administrator

Kevin Cadieux
Senior Vice President at Qualcomm

Michelle Enfield
Martial Artist

Lisa Hendrickson
Clinical Educator Hologic

From Our Chief Executive

2020 has been a year that has brought its challenges and plenty of anxiety. However, at WRC, our work has continued unabated, and the hope we bring into people's lives is well worth the social distancing and constant cleaning. Our transitional housing, shelter, and thrift shop are up and running once again, helping those whose 2020 has been worse than any of us can truly imagine. Your donations, volunteer hours, and advocacy has helped us continue to provide these world-class services to our clients.

Thank you for being part of our community and being active participants in making this year better for our society's most vulnerable.

From the bottom of my heart, I appreciate your investment and the hard work of our amazing volunteers and staff.

Sincerely



Marina V. Araiza, MSW
Chief Executive Officer



How Our Volunteers Make an Impact

Our volunteers are a critical element in WRC's Mission to stopping domestic violence and sexual assault by rebuilding lives together. With their continued passion and dedication to the families we serve, our volunteers are an inspiration.

HOW OUR VOLUNTEERS MAKE AN IMPACT.....

- Hotline Volunteer
- Sexual Assault Response Team Advocate
- Shelter Volunteer
- Mentors For Children And Children's Services Volunteer
- Intern
- Special Projects Volunteer
- Thrift Store Volunteer

Quote:

"I thought I learned everything in my social work training at the University of Southern California (USC), but this course at WRC opened my eyes to other areas of domestic violence that I was not aware of."

 **252** volunteers donated 14,092 hours of service

 **14,092** hours of service provided by volunteers

WRC's Thrift Store

In 1998, WRC opened our Thrift Store to help meet the needs of low income families and survivors as they rebuild their lives after domestic violence and sexual assault.

REBUILDING LIVES AT OUR THRIFT STORE

WRC believed having a thrift store where we provide our families with vouchers that are used "same as cash" to shop, dignified their experience and helped return independence, by putting them back in control with the opportunity to select clothing and other items that would best suit their needs.

MAKING A DIFFERENCE WITH YOUR DONATIONS

All the sales at our store generate funds for the operation of WRC's additional services by selling resale items that have been donated by supporters of WRC to the public. Your donations are incredibly important to providing free shopping for clients in need, but also raising meaningful funds to support our agency as whole.



Projects and Program Highlights

TRANSITIONAL HOUSING

WRC seeks to give survivors another choice: the choice to invest in themselves and their capacity to support their family without the threat of abuse. Many of the survivors we serve arrive at our emergency shelter with little more than the clothes on their backs and their children in tow, shaken from their experiences, and stressed about the new reality that lies ahead. As a key tool in working to help these survivors regain confidence and rebuild their lives, WRC furnishes, decorates, and prepares each transitional housing unit with new furniture, kitchenware, linens, and toys for families entering the program. By providing an inviting, warm space full of quality items and furniture, WRC seeks to empower clients whose previous memories of “home” are tarnished by abuse. These spaces allow survivors and their children to comfortably reestablish themselves into a safe and loving home, free from violence.

SHELTER

Last year WRC was excited to redesign and revitalize the community areas and bedrooms in our shelter. This was a project of passion for us as we believe this remodel encourages victims to feel empowered and deserving of a better life for themselves and their children. Many of the families that come to us feel scared, confused and isolated not knowing what to expect when entering a shelter. Our goal on this project was to create an environment that felt welcoming, safe, and calming for our clients as they begin their new life violence free.

Witnessing the relief and comfort our families feel when arriving on their first day, and the power of being surrounded by a beautiful inspiring space during their stay has been an amazing experience for us all. This remodel was not only a success but an additional way we will continue to provide the highest-quality care possible so that they may truly rebuild their lives after abuse.

 **45,569**
nights of safe shelter



Celebrating 40 Years of Saving Lives at our Shelter

We could not let the year pass without acknowledging the incredible 40 year milestone of saving lives at our shelter. Since 1980 our shelter has served as a safe haven for victims ready to escape, and been the catalyst to stopping the cycle of violence in families.

We celebrated this momentous event with our online Magical Evening: 40 for 40 fundraiser. It was an inspiring and special occasion, with one of our founders Colleen O'Harra sharing her story, and the agency tributing this milestone to our former CEO of 40 years, Marva Bledsoe. The community came out to support us once again, and we could not have been more proud of such an accomplishment. We feel honored to have worked with the countless brave survivors who trusted us to keep them safe and worked so hard to transform their lives.

From starting an underground shelter system, to today having a total of 31 beds, we will continue as an agency to expand and develop the services our community needs. WRC is founded on the spirit, strength and passion of the five incredible women who founded our agency 46 years ago, which has set the tone for the force WRC is today.

SHELTER LOBBY



SHELTER COUNSELING ROOM



WRC PRESENTS
Magical Evening
celebrating
40 for 40
Years
of saving lives
at our shelter



Since inception
WRC has provided over
747,744
nights of safe shelter

Agents of Change

Our Agents of Change are creating a better world for everybody. You have taken action to support critical changes in our communities. Your commitment has impacted the thousands of clients WRC serves every year. Together we advocate to end gender violence, empower the communities for a change, educate the next generations, and prevent transgenerational trauma.



Aarya Chidambaram
Adriana Mendoza
Adrienne Jones
Alec J. Babiraz
Alexa Mendivil
Amanda & Nicholas Levitt
Amanda Gibson
American Online Giving
Foundation, Inc
Amigos De Vista Lions Club
Amy Caillouette
Anand Sistla
Andrea Fresca
Andrea Linzey
Angel Society of Fallbrook
Angela Hanifin
Anita Rao
Ann Fowler
Ann & Frederic Appleton
Ann Horst
Ann Mortland
Ann Speraw
Annalise Schlesinger
Annette Friedlein
Anton & Janet Horvath
Anthony Reedy
Anush Gaziyan
Ashley Johnson
Audrey Thornton
Aurelie Cremers
B Y Ooi
Balwant T Patel
Barbara Fritzler
Barbara Lindborg
Barbara Takashima
Bebe & Rusty Grosse
Becky Kwock
Ben & Lindsay Frehner
Beth Levin
Billie Foli
Billie Nunan
Bob Brader

Bond Family Fund
Bonnie Rumble
Boys and Girls Foundation
Brenda Wood
Brewer Construction Inc
Brittany Houston
Bruce & Ann Mortland
CalCASA
CalOES
Camille Schuster
Cara Steele
Carlsbad by the Sea
Carlsbad Hi Noon Rotary
Carlsbad Liquor Store
Carol Lightner
Carole McCourt
Carolina Gusman
Carolyn Ramberg & Bruce
Zahn
Catherine Miller
Cathy Wagner
Charles Buel
Charles Steizner
Charlotte Goddard
Cheryl Hamer
Cheryl Sagman
Cheryl Sharon
Cheryl Weiner
Chirstine Bullard
Chris Erickson
Chris Siedenburger
Christ the King Lutheran
Church
Christina Cavanaugh
Christina Humphries
Christina Jackson
Christine Campanelli
Christopher Sigel
Cindy Acree
Cindy Price
Coastal Community
Foundation

Culpeper Memorial
Foundation
D & K Szatkowski
Dale & Rita Geldert
Dan Regan
Dana Haver
Dana Lopez
Dana Stockton
Danel Joslin
Danica Carey
Daniel & Vicki Gray
Darlene Pickrel
David M Lehmann
David Nydegger
Dawn & Terry Wanner
Williamson
Deborah Harper
Deborah Kingham
Deborah Michaels
Debra Bement
Debrah Knight
Del Mar Womens Giving
Collective
Dennis & Mary Murphy
Diana Cole
Diane Rose
Donna Ito
Donna Lynn Sterling
Dorine Meade
Doris Nyman
Coleen Young
Colleen O'Harra
Connie & Harvey Cain
Connie Medicis
Craig Horner
Crystacia Travis
Dottie Pecheck
Dr. Bruce & Janet Lawrence
Dr. Edgar B Koschmann
Ed Parish
Edith Jones
Edith McCary Ham

Edmund J La Brada Jr
Eileen Lohner-Turk
Eleanor Burns
Elizabeth & Jack Pence
Elizabeth Cano
Elizabeth Lamping
Elizabeth Muscat
Elizabeth Van Hunnick
Ellen & Kevin Stotmeister
Elliot Levitt
Eric & Stephanie Cowling
Eric Hollander
Eric Sprunk
Ervin & Martha Frazier
Ethel Bernal
Eva & A.J. Stjernfeldt
Farshid Erickson
Fernando Rodriguez
Fine Clothing
First Presbyterian Church
of Oceanside
Forest Tracko
Frances & Larry Cochran
Frankie McHenry
Frederic G Appleton, Jr
Frederick & Leslie Frumin
Friends of WRC
Friends of WRC
Front Wave Credit Union
Frontstream
Gabe Barragan
Gary Nessim
General Women's 200 Club
Genine Rainbeau-Heart
George and Sylvia Free
George Corn
Geraldine & Norman
Dobruskin
Gigi Gleason
Gil & Bonnie Noble
Ginger Hansen, D.D.S

Agents of Change

Grace Brown
Grace Elizabeth Fenley
Grant Vanguard Charitable
Greenfield Fence Inc.
Greenman, Lacy, Klein,
Hinds and Weiser
Gretchen Donovan
Gumpert Foundation
Harriette Ashton Cole
Huckins Family Charitable
In-N-Out Burger
Foundation
Inez Bartlett
Jacqueline Catechis
Jacqueline Schultz
Jaime Teeter
Jami Besecker
Jane S, Dunn
Jane Weiss
Janet C Horvath
Janet Cushman
January Uway
Jason Higgins Carlsbad
Chiropratic & Interfrative
Wellness
Jean Zance
Jeanne Shenkman
Jeannelle Balilo
Jennifer Garcia
Jennifer Jennings
Jeri Gustafsson
Jerry Harder
Jerry Kern
Jessica Cerra

Joan Bockman
Joann Austin
JoAnn Bowers
Jodi Hassett
Joe Weir
John & Linda Gross
John Hartsell
John T Wayne
John Van Cleef
Jordan Chillinsky
Joseph & JoAnn Lantagne
Joshua Jaramillo
Joyce Minick
Judith Black
Judith Seid
Judy & James Dobruskin
Judy Kelly
Judy S Dobkins
Julia Prinzi
Julian A Lombard
June Western
Kaj Leonard
Karen Bond
Karen & Steven Hicks
Karen Cadman
Karen Hirschfeld
Karen Tjaden
Karen & Wes Mosby
Karina Berber Flores
Kate Hanham
Katherine Mulderrig
Kathie & Charlie Chan
Kathleen Crouthamel
Jillian & Robert Lombard
Kathleen Kinane

Kathleen Pace
Kathleen Stelzner
Katie Tokus
Katrina Lodge
Kelly Quintal
Kelly Small
Kenneth & Miriam Lobo
Kerstyn Keenan
Kerstyn Ray
Kevin Cadeiux
Kevin Radcliffe
Kierstin Hill
Kierstin Rielly
Kim Gurreri
Kimberly Rideout
Kris Hawkins
Kristina & Eugene Foss
Kristine Assel
Kurt Horst
Las Damas de Fairbanks
Laura Arnsbarger
Laura Handler
Laura Horst
Lauren Diaz
Lauren-Jane Stephenson
Laurie Lindeneau
Lawrence Family
Charitable Foundation
Leichtag Foundation
Lenila L. Batali
Leonid Arzumanyan
Leslee Sesno
Leslie S. King
Lily Lai Foundation
Linda Berezny Zuibeck
Linda Birnie
Linda Clark
Linda Durhman
Linda Gross
Linda J Clark
Linda Kononchuk
Linda L Wright
Linda Levitt
Linda Reardon
Lisa Crouch
Lisa Hendrickson
Lisa Skola
Lisa Tischhauser
Lloyd & Vickie Prosser
Loretta & Charles Hartzell
Loretta Rieth
Lorey Baldwin
Louis B. Niles II
Louise Rountree
Loyal Order of Mosse Lodge
No. 1325
LS Technologies
Lu Ann Hall & Allen Sweet

Lyle G & Gretchen Ward
Donovan
Malena Bennett
Malyncla Clarr
Marciel Walker
Margaret Suzanne Hayes
Margery Pierce
Maria Yanez
Marie Studer
Marigie & RL Stogdill
Marilyn Agredano
Marilyn Kortum
Marina V Araiza
Mark Embree
Marla and John Jensen
Marty & Mary Rombotis
Marva Rhubottom Bledsoe
Mary A Murphy
Mary Ann Witmer
Mary Curry
Mary Ellen Reese
Mary Gavin
Mary Lou Elliot
Mary Seid
Marybeth & Jeffrey Glenn
Matthew Bowers
Matthew Caulfield
Maureen & John Hartin
Maureen O'Hern
McCarthy Family
Foundation
Melinda Graham
Melissa Corrigan
Mia Westphal
Michael & Judith
Mackenzie
Michael Bell
Michael DeLuca
Michael L Van Buskirk
Michael Pierson
Michele Hughes
Michelle D'Elia
Michelle Davis
Michelle Saint-Germain
and Mark Tracy
Michelle Walsh
Mihyui Lovato
Mildred Wright
Miriam & Marce Palacios
Miriam Carr
Miriam Christine Lobo
Mollie Steklenbury
Molly Levitt
Moonwalker Wilkman
Morgna Family Trust
Move Your Feet Before You
Eat Foundation
Murray & Janes Dunn



Agents of Change



My Sister's Charities
Myron Feinberg
Nalani & John Webster
Nancy Green
Nancy Miller
Naomi Willis
National Charity League
San Luis Rey
National Network to End
Domestic Violence
Nielsine Archibald
Nita Rodriguez
North Coast Church
Oceanside Chamber of
Commerce
Oceanside Charitable
Foundation
Oceanside Self Serve
Carwash
Oceanside Yacht Club
Ole & Patricia Prahm
Optimist Club of Carlsbad
Paola Antonio
Parinello Inc.
Patricia Arambarri
Patricia Kelly
Patricia L Fore
Patricia Mekita
Patricia Taylor
Paul Steitz
Paula R Bush
Pledgeling Foundation
Price Philanthropies
Foundation
Qualcomm
Rachel Herz
Rachel Knowlton
Rachel Reedy
Rachelle Danto
Rajnandini Pillali
Rancho Santa Fe
Foundation
Ravi Patel
Rebeca Larson
Rebecca & Brian Walsh
Rebecca Kwock
Reed Family Gift Fund
Renee Bornkind
Riachard & Inez Bartlet
Richelle Swan
Robert Elledge
Robert Gleisberg

Robert Okeefe
Roberta & Frank Rise
Roger Mayton
Ron Lenc
Ronald Cozad
Ronnie Bierner
Ross Ladue
Ruth Heineman
Rylan Bowers
Saloni Patel
Samantha Sweeney
San Marcos Foundation
San Marcos Lutheran
Church
Sandra Major-Slankard
Sangita B. Hasin
Sara Schulberg
Sarah & Douglas McAllister
Sarah De Tagyos
Savannah Ingold
Scott Ashton
SD Employees Charitable
Org
Sean Crilly
Shadowridge Womens Golf
Club
Shannon Stubblefield
Sharon D. Taylor
Sharon Papike
Shawn & Lucinda Reardon
Shean Hoxie
Sherwin & Shirley Wong
Sorooptimist International
Oceanside Carlsbad
Chapter
Soumaya Bennouna
South Coast Copy Systems
Staci Beavers
Stacy Bond
Stephanie K Cowling
Stephanie Spellman
Stephen McCarthy
Steve & Carol Schafer
Steve & Kathy Couthamel
Steve Girod
Steven & Carol Tjaden
Stu Turner
Studio 56 Lelna Gelland
Susan Bouchard
Susan Simpson
Suzanne Hayes
Sven Johnson

Tamara Miller
Technologies LLC
Teri Haskins
Terri & Elliot Manok
The Chapel of Carlsbad by
the Sea
The City of Carlsbad
The City of Oceanside
The Country Friends
The Daphne Seybolt
Culpeper Memorial
Foundation
The Katherine D. White &
Sons Fund
The NRF Project Owner
The Parker Foundation
The San Diego Foundation
The San Diego Foundation
The Womans Club of Vista
Theresa Daily
Thomas E Coley
Thomas S. Temple
Thomas Zdyrski
Three Sisters Foundation
Three Sisters Foundation
Tonia L Johnson
Tort & Michael McCarter
Tri City Medical Center
Trudy Armstrong
Tyler Sewell
Tyson Lowery
United Methodist Church of
Vista

US Department of Housing
and Urban Development
(HUD)
Uway Contribution
Valarie Lehrer
Valerie A Flesch
Venichand Shah
Viasat
Victor Sjoberg
Waste Management of
North County
We Do what we DO
Wendy Duarte
Wennsin Lee & Rahmann
D'Argenic
Wesley Wood
William & Frances Fenical
William & Linda Gibney
William & Phoebe Biggs
William Chenoweth
William Delorey
William J Doane
Woman's Club of Carlsbad
Womne's Foundation of
California
Yoga Del Mar - Gretchen
Donovan
Yuri & Lena Gelland

*Thanks to all our Agents of Change who
are making a difference in our world!*

Thank You

Thank you for helping us to end gender-based violence, help victims escape and rebuild their lives after abuse, achieve economic independence; and stop the cycle of violence in our community through victim empowerment and education of the next generation.

Together we are reviving courage and empowering lives.

WRC

1963 Apple Street, Oceanside, CA 92054

24 Hour Crisis Hotline (760) 757-3500

Office (760) 547-8800

www.WRCSD.ORG



WRC

REVIVING COURAGE,
EMPOWERING LIVES