

### Our Mission

WRC is dedicated to stopping domestic violence and sexual assault by rebuilding lives together.

### Our Vision

WRC is committed to providing the highest quality supportive services, counseling, shelter and education to San Diego County women, children and men involved in or threatened by domestic violence or sexual assault. Through survivor empowerment, education of the next generation, and community awareness, we will create an environment where domestic violence and sexual assault are neither tolerated nor accepted.

### Testimonials



When I arrived at the emergency shelter, I had nothing. I had no job, no child care for my children, or a place to call my home. I felt so hopeless due to the ugly separation from my abusive spouse. My self-esteem was at an all-time low, I felt so alone and lost. Thankfully when I arrived at WRC and received support, I felt they gave me back my hope to live once again and that I could truly begin to work towards a new chapter in my life free of violence. The staff gave me guidance, resources and the tools that I would need to feel empowered to start my new life. After, I was accepted into WRC's transitional housing program. The first day we walked into our apartment, I felt I was home. It brought so much peace to our life to know that the storm we were in had finally passed." WRC client

children served with specialized Children's Activities and/or Children's Counseling



survivors and children housed in our transitional housing



"Coming from the shelter where I was in "survival mode" to the transitional housing program where it was a safe place to call home was so surreal. I made my little studio unit into our very own home, with my own creative flair. I'm currently bettering my life by finding a new job while also returning to school to better my career options. With my small and growing savings, I will continue to save what I have in order to prepare for when I graduate from the program. I will be forever grateful for the donors who continue to help struggling mothers and their children get through these trying times in life. The world is a better place because of people like you. Thank you! "

WRC client



1,465 case management sessions



2,615 units of emergency services

### What We Do



#### SAFETY AND INDEPENDENCE

- Shelter and Transitional Housing for victims of Domestic Violence and Sexual Assault
- Breaking the Cycle of Violence Model
- Matching Savings Program
- Children's Activities Program
- Life Skills Classes



4,383 Request for emergency service were answered via the 24 hours crisis hotline

#### CRISIS AND SUPPORTIVE SERVICES

- Crisis Intervention
- Counseling
- Legal Services
- Advocacy
- Emergency Food and Clothing
- Sexual Assault Response Team
- Specialized Children's Services
- Play Therapy for Children
- Teen Virtual Narrative Therapy
- Safety Planning for Victims of Domestic Violence & Sexual Assault



377 survivors received sexual assault response and recovery services





#### PREVENTION AND EDUCATION

- Community Outreach
- Prevention education specialized for middle school, high school, and college-aged students
- Specialized presentations for community groups
- Volunteer Opportunities and Training



4,901 crisis assistance and intervention services were provided

### 2020 Impact

#### IN OUR COMMUNITY

#### We thank you for your continued support.

#### SHELTER AND TRANSITIONAL HOUSING

"Alternatives to Abuse" is WRC's emergency shelter in a confidential location that provides safety and security to survivors who are in need of housing as a result of domestic violence.



"I will forever be appreciative to WRC for opening their doors to my family and for the caring and genuine hearts of their staff members. I felt safe and calm within their shelter, like I could finally take a breath of fresh air and for the first time I did truly feel that things would get better" WRC Client



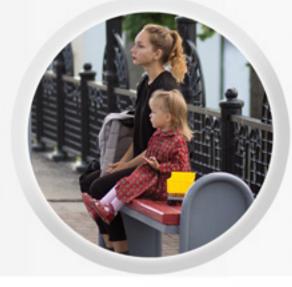
adults and children received 1,511 14,350 units of service in our transitional housing and shelter



survivors and children were provided shelter

#### CRISIS INTERVENTION

Since 1974, WRC has maintained and operated a 24-hour crisis hotline available to those in need of immediate assistance, referrals, information, and shelter.



66When times became tough and I had to leave my home, I turned to WRC's emergency shelter. The shelter provided me and my child with our physiological needs being met. Their warmth and care helped my child regulate throughout the transition from a two parent household to single parent care." WRC client



4,485 24/7 crisis hotline calls answered



3,434 Domestic Violence Survivors received services

#### COMMUNITY OUTREACH

Because of the support of community partners, donors, and volunteers, WRC is able to work every day towards breaking the cycle of violence in our communities.



"Volunteering at The WRC is a way of helping others. It is giving a person time and the ability to help someone who needs help. The effects of volunteering at the WRC can range from many helpful characteristics and provides a sense of purpose. It has been a pleasure to be a volunteer at The WRC for WRC volunteer three years!



served a total of 5,174 families



1,299 clients received emergency services

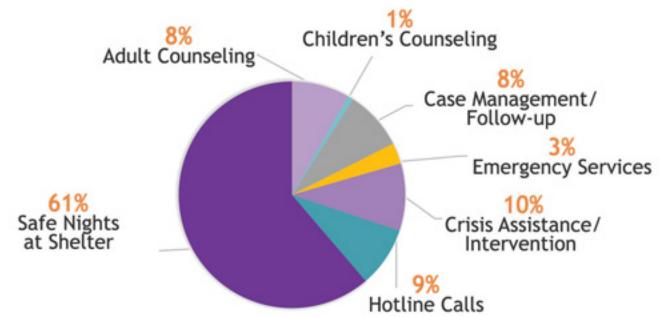
# Why we Exist

WRC believes all people deserve to live a life free from the crimes and traumas caused by domestic violence and sexual assault.

By strengthening families, empowering survivors, and seeking to create change for the next generation, WRC's clients not only break free of the cycle of violence, but are also able to develop healthy, productive, and successful lives free from abuse.



#### Services provided



Service Area

WRC is dedicated to providing the highest quality supportive services, counseling, shelter and education in San Diego County.



**Since 1974** WRC has

> Served over 248,397 families

Served over 854,759 volunteers hours

Answered more than 68,667 crisis hotline calls

### 2020 Service Information

1,511 Adults and children received over 14,3	350 units of service from WRC.
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4,383 Request for emergency service were answered via the 24 hours crisis hotline.

Volunteers donated 18,223 hours of service. 320

Nights of safe shelter were provided. 22,482

#### Specific types of service areas utilized by families were:

Sexual assault	377
Domestic violence (non-residential)	3,005
Domestic violence (residential)	429
Transitional housing	40
Children's services/Child abuse	24
Emergency services	1,299
Total Cl	ients 5,174

#### Specific services provided

Adult counseling	1,949
Children's counseling	59
Case management/Follow-up	1,465
Emergency services	2,615
Crisis assistance/Intervention	4,901
Hotline calls	4,485
Safe Nights of Shelter	25,482
Total Ser	vices 40,956

#### Service statistics by area served:

Oceanside		41%
Carlsbad		14%
Vista/San Marcos		19%
Escondido/Valley Center		7%
Fallbrook/Bonsall		3%
City of San Diego		4%
Unincorporated areas/O	ther	12%
	Total Statistics	100%

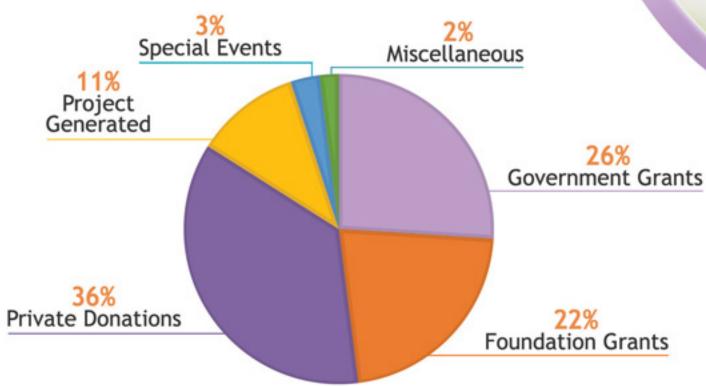
#### Since Inception we have served

Families	248,397
Answered hotline calls	68,667
Nights of Safe Shelter	749,885
Community Member Volunteers	6,294
Volunteer Hours	854,759

### Audited Income and Expenses

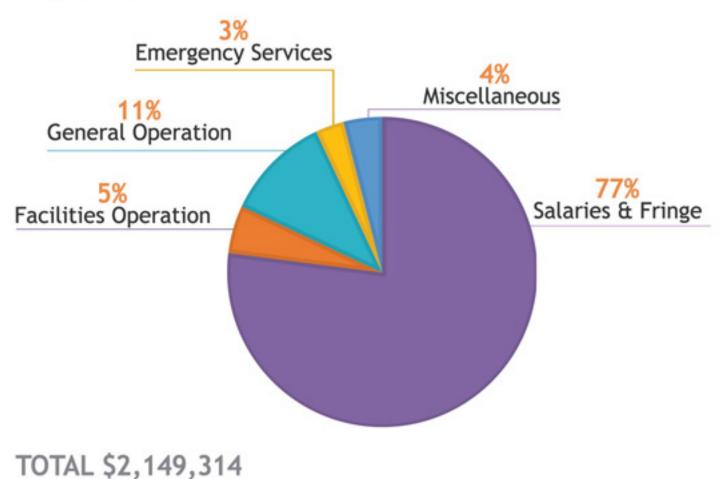
FISCAL YEAR 2019-2020

#### Income



TOTAL \$2,356,277

#### Expenses



#### WRC PROVIDED

(Fiscal Year 2019-2020)

1,949 adult counseling sessions

The most important thing, I find, is to be patient with each child and to show them that their feelings are valid and they are deserving of care and respect. I can only hope that counseling, along with the additional assistance provided by WRC, will help create one of many positive experiences to come." WRC Counselor

> children's counseling sessions

"When we moved into transitional housing, we couldn't believe how our lives were changing. It was a dream come true, they gave us counseling, which helped us raise our self-esteem." WRC client

### Board of Directors

Marina V. Araiza Chief Executive Officer

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Megan D.C. Jackson, Ph.D. Associate Instructor, California Baptist University

> Michelle Enfield Martial Artist

### From Our Chief Executive

2020 will be a year to remember because of the impact of COVID-19 on the world. But 2020 will also be recognized for the power of philanthropy, and the power of communities coming together. Our WRC community came together and met the challenges posed by the pandemic to best serve our clients, even under the most strenuous of circumstances.

The WRC is grateful for all our partnerships and your incredible support to provide world-class services to the most vulnerable. Your support provided 22,482 nights of safe shelter to parents, their children and 36,832 services to 4,905 clients.

It is my honor to be the leader of the WRC! I appreciate your investment and the hard work of our amazing volunteers and staff to change the world together.

Sincerely

Marina V. Araiza, MSW Chief Executive Officer



# How Our Volunteers Make an Impact

Our volunteers are a critical element in WRC's mission to stopping domestic violence and sexual assault by rebuilding lives together. With their continued passion and dedication to the families we serve, our volunteers are an inspiration.

#### HOW OUR VOLUNTEERS MAKE AN IMPACT...

- Hotline Volunteer
- Sexual Assault Response Team Advocate
- Shelter Volunteer
- Mentors For Children And Children's Services Volunteer
- Intern
- Special Projects Volunteer
- Thrift Store Volunteer



"The DV/SA Advocate training through the Women's Resource Center was something that will impact the work I do for years to come. The quality of speakers, depth of material covered and the interaction of the cohort made this training shine. WRC did an amazing job of facilitating powerful testimonies and qualified presenters with both lived experiences and field expertise."



320 volunteers donated 18,223 hours of service



18,223 hours of service donated by volunteers

### WRC's Thrift Store

In 1998, WRC opened our Thrift Store to help meet the needs of low income families and survivors as they rebuild their lives after domestic violence and sexual assault.

#### REBUILDING LIVES AT OUR THRIFT STORE

WRC believed having a thrift store where we provide our families with vouchers that are used "same as cash" to shop, dignified their experience and helped return independence, by putting them back in control with the opportunity to select clothing and other items that would best suit their needs.

#### MAKING A DIFFERENCE WITH YOUR DONATIONS

All the sales at our store generate funds for the operation of WRC's additional services by reselling items that have been donated by supporters of WRC to the public. Your donations are incredibly important to providing free shopping for clients in need, but also raising meaningful funds to support our agency as whole.



## COVID-19 Response

As COVID-19 cases surged in the United States in 2020, stay-at-home orders and school closures changed the lives of everyone in our community - and changed the way WRC serves survivors.

Our bold and dynamic containment plan yielded tangible results. Throughout the pandemic, WRC only experienced 3 COVID-19 cases in the Transitional Housing program and no cases at our emergency shelter. Our residents and staff showed remarkable resilience and honored the collective spirit of the organization by working together to keep each other safe and healthy. WRC was also able to arrange early access to COVID-19 vaccinations for our clients and staff through our partners in Friends of WRC and Neighborhood Healthcare.

The demand for our services changed in ways that no one could have predicted, and WRC was able to rise to the occasion due to the incredible community response from donors and grant committees. Due to this generosity, we provided rent assistance. We provided emergency food services to our clients and our community at large when many people lost their jobs and were facing food insecurity. WRC also obtained grant funding to purchase laptops to meet the new at-home schooling requirements faced by our residential clients' children.

Per the New England Journal of Medicine, while many domestic violence service providers and hotlines equipped themselves for a significant uptick in hotline calls, many organizations

experienced the opposite - many providers nationwide experienced a decrease of over 50% in call volume. While it has been proven that domestic violence has significantly increased during the pandemic, experts believe that the downturn in hotline calls is due to the inability of victims to connect safely with services as their abusers are spending more time at home. In addition, with the pandemic-related changes to the court system and police report filing, it may take years for us to understand the true impact of COVID-19 on domestic violence and related services.

Due to this phenomenon, WRC expects to see a greater demand for services once the pandemic restrictions are eased and lifted, and it becomes safe for survivors to seek help. We will be relying on the generosity of donors more than ever to help us provide new clients with the assistance they need as we do our part to heal this community.

In the meantime, we keep looking forward to the bright futures that we are determined to create, and we are staying busy, healthy, and optimistic for the next chapter!





# Celebrating 40 Years of Saving Lives at our Shelter

We could not let the year pass without acknowledging the incredible 40 year milestone of saving lives at our shelter. Since 1980 our shelter has served as a safe haven for victims ready to escape, and been the catalyst to stopping the cycle of violence in families.

We celebrated this momentous event with our online Magical Evening: 40 for 40 fundraiser. It was an inspiring and special occasion, with one of our founders Colleen O'Harra sharing her story, and the agency tributing this milestone to our former CEO of 40 years, Marva Bledsoe. The community came out to support us once again, and we could not have been more proud of such an accomplishment. We feel honored to have worked with the countless brave survivors who trusted us to keep them safe and worked so hard to transform their lives.



## Agents of Change

Our Agents of Change are creating a better world for everybody. You have taken action to support critical changes in our communities. Your commitment has impacted the thousands of clients WRC serves every year. Together we advocate to end gender violence, empower the communities for a change, educate the next generations, and prevent transgenerational trauma.

**Bob Brader** 

Aarya Chidambaram Adriana Mendoza Adrienne Jones Alec J. Babiraz Alexa Mendivil Amanda & Nicholas Levitt Amanda Gibson American Online Giving Foundation, Inc. Amigos De Vista Lions Club Amy Caillouette Anand Sistla Andrea Fresca Andrea Linzey Angel Society of Fallbrook Angela Hanifin Anita Rao Ann & Frederic Appleton Ann Fowler Ann Horst Ann Mortland Ann Speraw Annalise Schlesinger Annette Friedlein Anthony Reedy Anton & Janet Horvath Anush Gaziyan Ashley Johnson Audrey Thornton Aurelie Cremers B Y Ooi Balwant T Patel Barbara Fritzler Barbara Lindborg Barbara Takashima

Bond Family Fund Bonnie Rumble Boys and Girls Foundation Brenda Wood Brewer Construction Inc. Brittany Houston Bruce & Ann Mortland CalCASA CalOES Camille Schuster Cara Steele Carlsbad by the Sea Carlsbad Hi Noon Rotary Carlsbad Liquor Store Carol Lightner Carole McCourt Carolina Gusman Carolyn Ramberg & Bruce Zahn Catherine Miller Cathy Wagner Charles Buel Charles Steizner Charlotte Goddard Cheryl Hamer Cheryl Sagman Cheryl Sharon Cheryl Weiner Chirstine Bullard Chris Erickson Chris Siedenburg Christ the King Lutheran Church Christina Cavanaugh Christina Humphries Christina Jackson Christine Campanelli Christopher Sigel Cindy Acree Cindy Price Coastal Community

Foundation

Coleen Young Colleen O'Harra Connie & Harvey Cain Connie Medicis Craig Horner Crystacia Travis D & K Szatkowski Dale & Rita Geldert Dan Regan Dana Haver Dana Lopez Dana Stockton Danel Joslin Danica Carey Daniel & Vicki Gray Daphne Culpeper Memorial Foundation Darlene Pickrel David M Lehmann David Nydegger Dawn & Terry Wanner Williamson Deborah Harper Deborah Kingham Deborah Michaels Debra Bement Debrah Knight Del Mar Womens Giving Collective Dennis & Mary Murphy Diana Cole Diane Rose Donna Ito Donna Lynn Sterling Dorine Meade Doris Nyman Dottie Pecheck Dr. Bruce & Janet Lawrence Dr. Edgar B Koschmann Ed Parish Edith Jones

Edith McCary Ham

Edmund J La Brada Jr Eileen Lohner-Turk Eleanor Burns Elizabeth & Jack Pence Elizabeth Cano Elizabeth Lamping Elizabeth Muscat Elizabeth Van Hunnick Ellen & Kevin Stotmeister Elliot Levitt Eric & Stephanie Cowling Eric Hollander Eric Sprunk Ervin & Martha Frazier Ethel Bernal Eva & A.J. Stjernfeldt Farshid Erickson Fernando Rodriguez Fine Clothing First Presbyterian Church of Oceanside Forest Tracko Frances & Larry Cochran Frankie McHenry Frederic G Appleton, Jr Frederick & Leslie Frumin Friends of WRC Front Wave Credit Union Frontstream Gabe Barragan Gary Nessim General Women's 200 Club Genine Rainbeau-Heart George and Sylvia Free George Corn Geraldine & Norman Dobruskin Gigi Gleason Gil & Bonnie Noble Ginger Hansen, D.D.S Grace Brown Grace Elizabeth Fenley

Bebe & Rusty Grosse

Ben & Lindsay Frehner

Becky Kwock

Bill Chenoweth

Beth Levin

Billie Foli

Billie Nunan

## Agents of Change

Greenfield Fence Inc. Greenman, Lacy, Klein, Hinds and Weiser Gretchen Donovan **Gumpert Foundation** Harriette Ashton Cole Huckins Family Charitable In-N-Out Burger Foundation Inez Bartlett Jacqueline Catechis Jacqueline Schultz Jaime Teeter Jami Besecker Jane S, Dunn Jane Weiss Janet C Horvath Janet Cushman January Uway Jason Higgins Carlsbad Chiropratic & Intergenerative Wellness Jean Zance Jeanne Shenkman Jeannelle Balilo Jennifer Garcia Jennifer Jennings Jeri Gustafsson Jerry Harder Jerry Kern Jessica Cerra Jillian & Robert Lombard Joan Bockman Joann Austin

JoAnn Bowers Jodi Hassett Joe Weir John & Linda Gross John Hartsell John T Wavne John Van Cleef Jordan Chillinsky Joseph & JoAnn Lantagne Joshua Jaramillo Joyce Minick Judith Black Judith Seid Judy & James Dobruskin Judy Kelly Judy S Dobkins Julia Prinzi Julian A Lombard June Western Kaj Leonard Karen Bond Karen & Steven Hicks Karen & Wes Mosby Karen Cadman Karen Hirschfeld Karen Tjaden Karina Berber Flores Kate Hanham Katherine Mulderrig Kathie & Charlie Chan Kathleen Crouthamel Kathleen Kinane Kathleen Pace Kathleen Stelzner

Kelly Quintal Kelly Small Kenneth & Miriam Lobo Kerstyn Keenan Kerstyn Ray Kevin Cadeiux Kevin Radcliffe Kierstin Hill Kierstin Rielly Kim Gurreri Kimberly Rideout Kris Hawkins Kristina & Eugene Foss Kristine Assel Kurt Horst Las Damas de Fairbanks Laura Arnsbarger Laura Handler Laura Horst Lauren Diaz Lauren-Jane Stephenson Laurie Lindeneau Lawrence Family Charitable Foundation Leichtag Foundation Lenila L. Batali Leonid Arzumanyan Leslee Sesno Leslie S. King Lily Lai Foundation Linda Berezny Zuibeck Linda Birnie Linda Clark Linda Durhman Linda Gross Linda J Clark Linda Kononchuk Linda L Wright Linda Levitt Linda Reardon Lisa Crouch Lisa Hendrickson Lisa Skola Lisa Tischhauser Lloyd & Vickie Prosser Loretta & Charles Hartzell Loretta Rieth Lorey Baldwin Louis B. Niles II Louise Rountree Loyal Order of Moose Lodge No. 1325 LS Technologies Lu Ann Hall & Allen Sweet Lyle G & Gretchen Ward Donovan

Katie Tokus

Katrina Lodge

Malena Bennett Malyncla Clarr Marciel Walker Margaret Suzanne Hayes Margery Pierce Maria Yanez Marie Studer Marigie & RL Stogdill Marilyn Agredano Marilyn Kortum Marina V Araiza Mark Embree Marla and John Jensen Marty & Mary Rombotis Marva Rhubottom Bledsoe Mary A Murphy Mary Ann Witmer Mary Curry Mary Ellen Reese Mary Gavin Mary Lou Elliot Mary Seid Marybeth & Jeffrey Glenn Matthew Bowers Matthew Caulfield Maureen & John Hartin Maureen O'Hern McCarthy Family Foundation Melinda Graham Melissa Corrigan Mia Westphal Michael & Judith Mackenzie Michael Bell Michael DeLuca Michael L Van Buskirk Michael Pierson MIchele Hughes Michelle D'Elia Michelle Davis Michelle Saint-Germain and Mark Tracy Michelle Walsh Mihyui Lovato Mildred Wright Miriam & Marce Palacios Miriam Carr Miriam Christine Lobo Mollie Steklenbury



Molly Levitt

Eat Foundation

Myron Feinberg

Moonwalker Wilkman

Morgan Family Trust

Murray & Janes Dunn

My Sister's Charities

Move Your Feet Before You

Agents of Change

Nalani & John Webster Nancy Green Nancy Miller Naomi Willis National Charity League San Luis Rey National Network to End Domestic Violence Nielsine Archibald Nita Rodriguez North Coast Church Oceanside Chamber of Commerce Oceanside Charitable Foundation Oceanside Self Serve Carwash Oceanside Yacht Club Ole & Patricia Prahm Optimist Club of Carlsbad Paola Antonio Parinello Inc. Patricia Arambarri Patricia Kelly Patricia L Fore Patricia Mekita Patricia Taylor Paul Steitz Paula R Bush Pledgeling Foundation Price Philanthropies Foundation Qualcomm Rachel Herz Rachel Knowlton Rachel Reedy Rachelle Danto Rajnandini Pillali Rancho Santa Fe Foundation Ravi Patel Rebeca Larson Rebecca & Brian Walsh Rebecca Kwock Reed Family Gift Fund Renee Bornkind Riachard & Inez Bartlet Richelle Swan Robert Elledge Robert Gleisberg Robert Okeefe

Roger Mayton Ron Lenc Ronald Cozad Ronnie Bierner Ross Ladue Ruth Heineman Rylan Bowers Saloni Patel Samantha Sweeney San Marcos Foundation San Marcos Lutheran Church Sandra Major-Slankard Sangita B. Hasin Sara Schulberg Sarah & Douglas McAllister Sarah De Tagyos Savannah Ingold Scott Ashton SD Employees Charitable Org

Sean Crilly Shadowridge Womens Golf Club Shannon Stubblefield Sharon D. Taylor Sharon Papike Shawn & Lucinda Reardon Shean Hoxie Sherwin & Shirley Wong Soroptimist International Oceanside Carlsbad Chapter Soumaya Bennouna South Coast Copy Systems Staci Beavers Stacy Bond Stephanie K Cowling

Stephanie Spellman Stephen McCarthy Steve & Carol Schafer Steve & Kathy Couthamel Steve Girod Steven & Carol Tjaden Studio 56 Lelna Gelland Susan Bouchard

Susan Simpson Suzanne Hayes Sven Johnson Tamara Miller Technologies LLC

Teri Haskins Terri & Elliot Manok The Chapel at Carlsbad by the Sea The City of Carlsbad The City of Oceanside The Country Friends The Daphne Seybolt Culpeper Memorial Foundation The Katherine D. White & Sons Fund The NRF Project Owner The Parker Foundation The San Diego Foundation The Womans Club of Vista Theresa Daily Thomas E Coley Thomas S. Temple Thomas Zdyrski Three Sisters Foundation

Tonia L Johnson Tort & Michael McCarter Tri City Medical Center Trudy Armstrong Tyler Sewell Tyson Lowery United Methodist Church

of Vista US Department of Housing and Urban Development (HUD)

Valarie Lehrer Valerie A Flesch Vanguard Charitable Venichand Shah Viasat Victor Sjoberg Waste Management of North County We Do what we DO Wendy Duarte Wennsin Lee & Rahmann D'Argenic Wesley Wood William & Frances Fenical William & Linda Gibney William & Phoebe Biggs William Delorey William J Doane Woman's Club of Carlsbad Women's Foundation of California Yoga Del Mar -Gretchen Donovan Yuri & Lena Gelland



Roberta & Frank Rise

# Thank You

Thank you for helping us end gender-based violence, help victims escape and rebuild their lives after abuse, achieve economic independence; and stop the cycle of violence in our community through victim empowerment and education of the next generation.

Together we are reviving courage and

Together we are reviving courage and empowering lives.

#### **WRC**

1963 Apple Street, Oceanside, CA 92054 24 Hour Crisis Hotline (760) 757-3500 Office (760) 547-8800 www.WRCSD.ORG







